

Prüfungsordnung Aikido (FDAV) - Kyū-Grade

Beachte: In den Prüfungen können ebenfalls Grundelemente wie Ukemi, Shikkō, Irimi und Tenkan abgefragt werden. Des Weiteren können Techniken der vorangegangenen Kyū-Grade Thema der Prüfung sein.

Sechster Kyū

Tachi-waza

Shōmen-uchi *ikkyō*
Shōmen-uchi *irimi-nage*
Gyaku-hanmi-katate-dori *shihō-nage*

Kokyū-hō

Fünfter Kyū

Tachi-waza

Yokomen-uchi *ikkyō*
Yokomen-uchi *shihō-nage*
Yokomen-uchi *ude-kime-nage*
Yokomen-uchi *kote-gaeshi*
Yokomen-uchi *irimi-nage*

Kokyū-hō

Vierter Kyū

Tachi-waza

Ryōte-dori *tenchi-nage*
Ryōte-dori *irimi-nage*
Ryōte-dori *shihō-nage*
Katate-dori *nikyō*
Katate-dori *sankyō*
Katate-dori *koshi-nage*
Ai-hanmi-katate-dori *irimi-nage*
Ai-hanmi-katate-dori *nikyō*
Katate-ryōte-dori *kokyū-nage*

Kokyū-hō

Dritter Kyū

Suwari-waza

Shōmen-uchi *ikkyō*
Shōmen-uchi *nikyō*
Shōmen-uchi *irimi-nage*

Tachi-waza

Muna-dori *shihō-nage*
Muna-dori *irimi-nage*
Muna-dori *kote-gaeshi*
Yokomen-uchi *koshi-nage*

Ushiro-waza

Ushiro-ryōte-dori *ikkyō*
Ushiro-ryōte-dori *sankyō*
Ushiro-ryōte-dori *irimi-nage*
Ushiro-ryōte-dori *shihō-nage*

Tantō-dori

Tsuki *ikkyō*
Tsuki *kote-gaeshi*
Tsuki *irimi-nage*
Tsuki *ude-kime-nage*

Kokyū-hō

Zweiter Kyū

Suwari-waza

Yokomen-uchi *ikkyō*
Yokomen-uchi *nikyō*
Shōmen-uchi *sankyō*
Shōmen-uchi *yonkyō*
Shōmen-uchi *kote-gaeshi*

Hanmi-handachi-waza

Gyaku-hanmi-katate-dori *shihō-nage*
Gyaku-hanmi-katate-dori *uchi-kaiten-nage*
Gyaku-hanmi-katate-dori *soto-kaiten-nage*
Gyaku-hanmi-katate-dori *ikkyō*
Gyaku-hanmi-katate-dori *nikyō*

Tachi-waza

Katadori-men-uchi *ikkyō*
Katadori-men-uchi *nikyō*
Katadori-men-uchi *shihō-nage*
Katadori-men-uchi *irimi-nage*
Katate-ryōte-dori *ikkyō*
Katate-ryōte-dori *kote-gaeshi*
Katate-ryōte-dori *irimi-nage*
Katate-ryōte-dori *ude-kime-nage*
Jōdan-tsuki *shihō-nage*
Jōdan-tsuki *koshi-nage*
Jōdan-tsuki *nikyō*
Jōdan-tsuki *kokyū-nage*

Ushiro-waza

Ushiro-katate-dori-kubi-shime *ikkyō*
Ushiro-katate-dori-kubi-shime *koshi-nage*
Ushiro-katate-dori-kubi-shime *shihō-nage*
Ushiro-katate-dori-kubi-shime *kote-gaeshi*

Tantō-dori

Shōmen-uchi *kote-gaeshi*
Shōmen-uchi *irimi-nage*
Yokomen-uchi *gokyō*
Yokomen-uchi *irimi-nage*
Yokomen-uchi *kote-gaeshi*

Jō-dori

Jiyū-waza

Kokyū-nage

Erster Kyū

Suwari-waza

Ryō-kata-dori *ikkyō*
Ryō-kata-dori *nikyō*
Yokomen-uchi *sankyō*
Yokomen-uchi *yonkyō*
Yokomen-uchi *gokyō*
Yokomen-uchi *kote-gaeshi*
Yokomen-uchi *irimi-nage*

Hanmi-handachi-waza

Ryōte-dori *shihō-nage*
Ryōte-dori *irimi-nage*
Ryōte-dori *kote-gaeshi*
Ushiro-ryō-kata-dori *ikkyō*
Ushiro-ryō-kata-dori *sankyō*
Ushiro-ryō-kata-dori *kote-gaeshi*

Tachi-waza

Sode-dori *irimi-nage*
Sode-dori *shihō-nage*
Shōmen-uchi *shihō-nage*
Shōmen-uchi *koshi-nage*
Yokomen-uchi *hiji-kime-osae*
Katate-ryōte-dori *koshi-nage*
Muna-dori-men-uchi *jūji-garami-nage*
Ryōte-dori *koshi-nage*

Ushiro-waza

Ushiro-ryōte-dori *koshi-nage*
Ushiro-ryōte-dori *jūji-garami-nage*
Ushiro-katate-dori-kubi-shime *ude-kime-nage*
Ushiro-katate-dori-kubi-shime *kokyū-nage*
Ushiro-ryō-kata-dori *kokyū-nage*
Ushiro-ryō-kata-dori *sankyō*
Ushiro-eri-dori *kokyū-nage*
Ushiro-eri-dori *ikkyō*
Ushiro-eri-dori *shihō-nage*
Ushiro-eri-dori *kote-gaeshi*

Tantō-dori

Jiyū-waza

Jō-dori

Jiyū-waza

Tachi-dori

Jiyū-waza

Kokyū-hō